



CENTENNIAL MIDDLE SCHOOL
Centennial School District No. 28Jt.

Johanna Castillo
Principal

Nathan Buck
Assistant Principal

Dear Centennial Community,

After a two-year layoff, Centennial Middle School is gearing up for track and field. We have a full schedule of opponents and are glad to see some sense of normalcy emerge. This letter is intended to provide information regarding the upcoming season and answer questions you may have about student participation. All students who come out for track will receive a track book that contains schedules, records, qualifying marks and history of the program.

Details:

- Dates for the season: Our season will begin on Monday, April 28th and end Thursday, May 17th.
- Practices: 5 days a week (Monday-Friday)
- Time: Practices will begin at 4:20 and end at 5:45.
- Transportation to and from meets is provided
- Transportation home: Not provided (parents must pick up or students will need to walk home)
- Events: Students can/will be coached in the following events and can participate in a total of 4 events during our track meets: shot, disc, high jump, long jump, 100, 200, 400, 800, 1500, high hurdles, 200 hurdles, 4 by 100 relay, and 4 by 200 relay.
- Uniforms: School uniforms will be issued. Students will be encouraged to wear personal running attire for practice along with a good pair of running shoes. Students can purchase track spikes from retailers.
- Cost: \$105 for the season, free for students on free lunch and half the original fee for students on reduced lunch.
- Paperwork/Physician's Statement: Students must be cleared by a Physician to participate. There will also be emergency contact information needed. All paperwork needs to be turned in prior to participation. Packets of paperwork can be found in the main office. Currently, announcements are being made to all students to encourage picking up the necessary forms.
- Competition: We will compete with local east county middle schools either at home or away.
- Current safety practices including masks and distancing will be observed.