

CMS 2022



November 2022



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
No School	No School	No School	Corn Dog Orange Chicken/Rice Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat & Roll Italian Sub Sandwich Cherry Tomatoes Banana/Applesauce Cup Milk	Cheese Burger Brunch for Lunch Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat & Roll Turkey & Cheese Sandwich Corn Fruit Assortment Milk
7	8	9	10	11
Chicken Burger Pinwheel Variety Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat & Roll Tuna Sandwich Broccoli Fruit Assortment Milk	Pizza:Cheese Speciality Nachos: Just Cheese or w/Meat Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat & Roll Egg Salad Sandwich Refried Beans Fruit Assortment Milk	Bean & Cheese Burrito Hot Dog Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat & Roll PB&J Sandwich Cauliflower Fruit Assortment Milk	Ciabatta Cheesy Griller Corn Dog Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Italian Sub Sandwich Cherry Tomatoes Fruit Assortment Milk	No School
14	15	16	17	18
Chicken Burger Pinwheel Variety Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Tuna Sandwich Baked Beans Fruit Assortment Milk	Pizza:Cheese Speciality Tamale With Spanish Rice Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Egg Salad Sandwich Roasted or Steamed Broccoli Fruit Assortment Milk	Bean & Cheese Burrito Mac & Cheese W/Roll 1 oz. Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll PB&J Sandwich Cucumbers or Celery Sticks Fruit Assortment Milk	Corn Dog Grilled Cheese Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Italian Sub Sandwich Carrots Fruit Assortment Milk	Cheese Burger Brunch for Lunch Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Turkey & Cheese Sandwich Corn or Green Peas Fruit Assortment Milk
21	22	23	24	25
Chicken Burger Pinwheel Variety Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Tuna Sandwich Black Beans Fruit Assortment Milk	Tamale With Spanish Rice Pizza:Cheese Speciality Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Egg Salad Sandwich Jicama Sticks or Green Peas Fruit Assortment Milk	Bean & Cheese Burrito Grilled Cheese Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll PB&J Sandwich Green Beans Fruit Assortment Milk	No School	No School
28	29	30	Dec 1	Dec 2
Chicken Burger Pinwheel Variety Yogurt Parfait/Granola Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Tuna Sandwich Broccoli Fruit Assortment Milk	Nachos: Just Cheese or w/Meat Pizza:Cheese Speciality Yogurt Parfait/Crackers Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Egg Salad Sandwich Jicama Sticks or Green Peas Fruit Assortment Milk	Bean & Cheese Burrito Meatball Sub on Hogie Yogurt Parfait/Crackers Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll PB&J Sandwich Cucumbers or Celery Sticks Fruit Assortment Milk	Orange Chicken W/Rice Corn Dog Yogurt Parfait/Crackers Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Italian Sub Sandwich Carrots Fruit Assortment Milk	Cheese Burger Chicken Strips W/1 ox. Roll Yogurt Parfait/Crackers Cheese/Meat Stick/Crackers Daily Entree Salad Special w/Meat/Cheese & Roll Turkey & Cheese Sandwich Baked Beans Fruit Assortment Milk

Milk Options

1% White

Nonfat Chocolate

Menu Subject to change due to product availability

This institution is an equal opportunity employer