

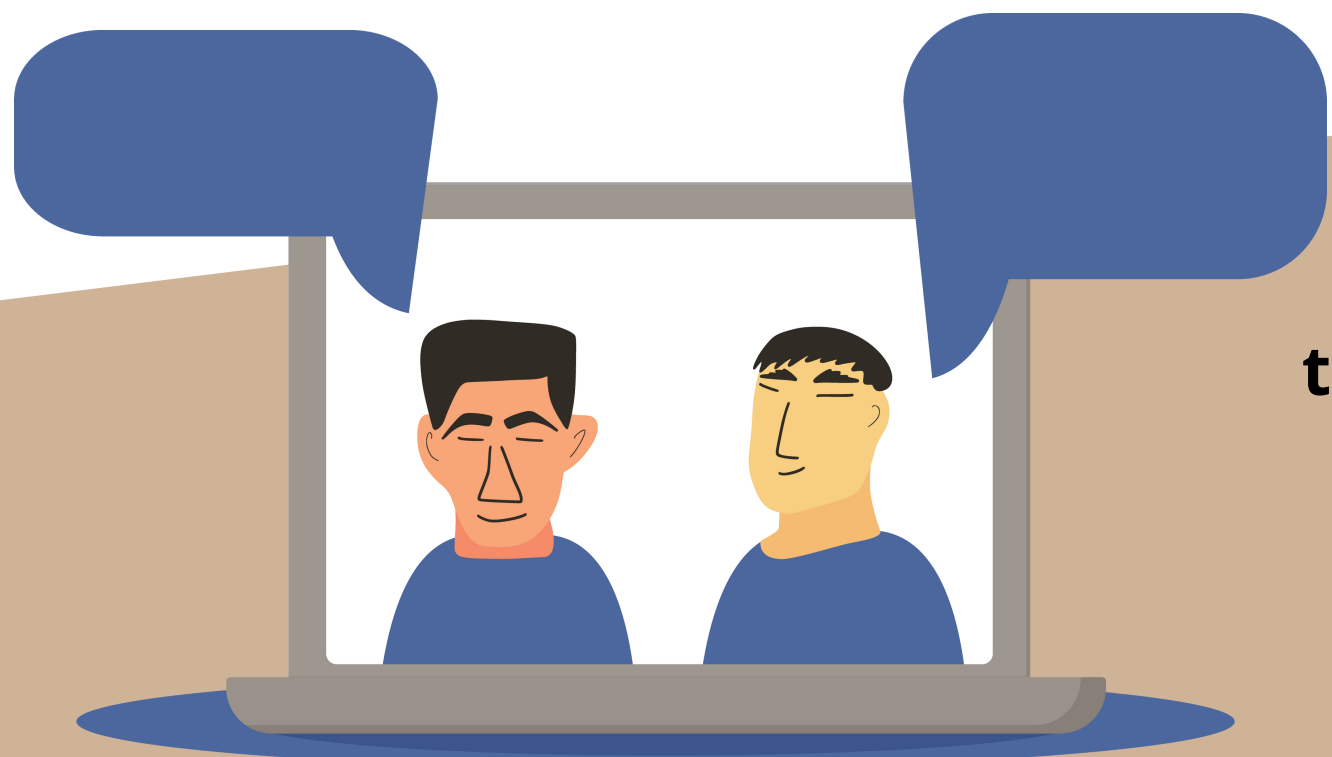
# Stay On Track



**When:** Tuesdays- 3:15pm-4:00pm

**Where:** Via Microsoft Teams

**Cost:** Free

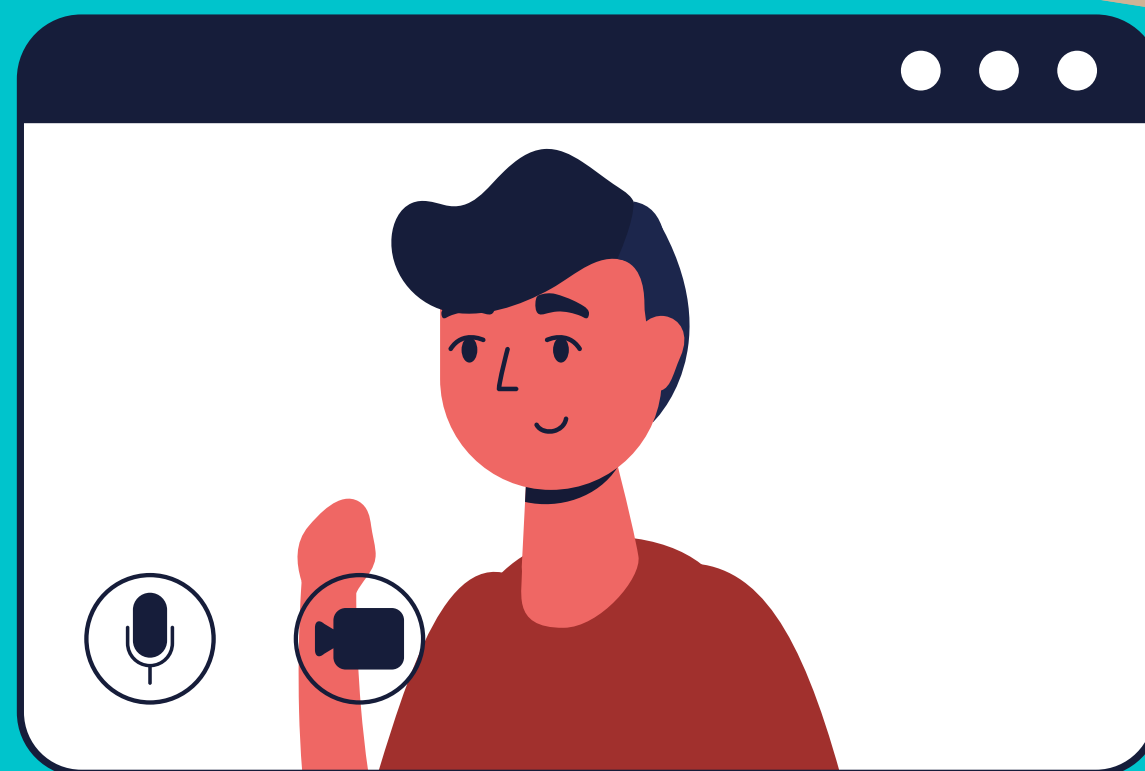


## What is Stay On Track?

Stay on Track is a free program for middle school students. It allows them to connect with other students outside of class time. We have fun and positive social interactions. We talk about personal interests, share stories, offer support, and build skills. Some skills we work on are goals, critical thinking, effective communication, healthy lifestyles and positive relationships. There will be chances to win prizes for attending. We will be offering amazing virtual field trips. We plan on having guest speakers giving interesting presentations.

### Dates we will meet:

- January 12th
- January 19th
- January 26th
- February 2nd
- February 9th
- February 16th
- February 23rd
- March 2nd
- March 9th
- March 16th



Space is limited. To apply to the program or for more information, contact:

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