Cheer students from Centennial place third
Earlier this month, the local CYC cheer team, made up of mostly Centennial School District students, competed in the Oregon Cheerleading Coaches Association State Cheerleading Championships - finishing third in their category. The CYC team is made up of girls in grades 1 - 8, the majority of which are from Centennial Middle School. Congratulations!

CHS Speech and Debate students win sweepstake points
Congratulations to Centennial High School speech and debate students on winning the sweepstake points for the Big Question Debate with Rachel Le and Daniel Torres taking first place, Matthew Mailet and Jesse Fonseca taking second place, James Le and Kit Bishop taking third place, Elizabeth Dimitrova and Jaden Gebauer taking fourth place, and Honey Sebeh and Maria Gomez making the final round. Well done Eagles!

Equestrian Team has good showing at district meet
Congratulations to the members of Centennial’s OHSET (Oregon High School Equestrian Team) on their recent showing at the February District Meet. The team did very well scoring first, second and third in eight of the events and second for over all total points in the Large Team division. Following are the results:

- In Hand Obstacle Relay (IHOR) – First Place
- Dressage – Second and Third Place
- Drill Team Working 4s – First Place
- Working Pairs – First and Third Place
- Team Versatility – First Place
- In Hand Trail – Second and Third Place
- Showmanship – Third Place
- Western Horseman – First Place
The Centennial OHSET Team would like to give a special thanks to Wanda Moore for her support of the team, and invite everyone to the second District Meet March 1, 2 and 3.

NIKE offers employees access to company employee store

NIKE is allowing Centennial School District employees one time access to the NIKE Company Employee Store, March 1 – 31, 2019, by invitation only – see attached.

You will get an employee discount, which is most items marked at 40 percent off regular retail pricing. Following is what you need to know to take advantage of this offer:

What to bring to access the store:

- The attached invitation – which is valid for a one time entry only
- Your work ID/badge

The invitation is valid for you, your spouse/permanent partner, and your own dependent children. Your spouse/partner must provide proof of the same address to accompany you into the store.

- Dependent Children must be:
  - 22 or younger with the same address
  - 24 or younger with a valid college ID
  - 15 and Older require some form of ID
  - 14 and under do not require ID

The NIKE Company Employee Store is located at 3485 SW Knowlton Rd., Beaverton, OR 97005
Employees invited to shop at Columbia Sportswear Employee Store

Centennial School District employees are invited to shop at the Columbia Sportswear Employee Store, March 8 – 31, 2019. Invitation is attached.

With this invite, each employee can bring up to four guests, and may use the invite multiple times during the dates listed above.

The Columbia Sportswear Employee Store has employee pricing – which is 40 – 50 percent off regular retail pricing on all of the latest product from the Columbia Sportswear Company family (SOREL, Mountain Hardwear, prAna, and of course Columbia Sportswear)

You will need to bring the attached invite (printed or shown on mobile phone), your work ID (business card, badge, pay-stub, signature of work email, uniform, membership card etc.) and a personal photo ID.

The Columbia Sportswear Employee Store is located at 14100 NW Science Park Drive, Portland, OR 97229.

OSEA holding Peanut Butter/Tuna Fish drive for Food for Families

Don’t forget OSEA is leading a Protein Drive focusing on peanut butter and tuna fish for Food For Families Tuesday, March 19. The overall goal is to collect 1,000 items, which is about three items for each OSEA member in the Centennial School District. Everyone is encouraged to donate to this worthy cause.

If you work with a classified staff member or just want to help feed those less fortunate, please show your support and help us exceed our goal by donating these items.

Food collection boxes will be in the front office at each building.

Tidbits:

The Centennial Transition Center (CTC) is looking for your no longer used Legos for a project. We would like only the small Legos, not Duplos. Please send to Sarah at CTC.
CENTENNIAL SCHOOL DISTRICT

YOU ARE INVITED

ALL DISTRICT STAFF
SHOP AT THE NIKE COMPANY STORE FROM
MARCH 1st – MARCH 31st

The following are the rules for check-in:

- Invitation is Valid for One-Time Entry.
- Each Employee may bring with them:
  - Spouse/Permanent Partner
  - Your own Dependent Children 24 and younger
- Your Spouse/Partner must provide proof of the same address to accompany you into the store

  Dependent children must be:

  - 22 or younger with the same address
  - 24 or younger with a valid college ID
  - 15 and Older Require some form of ID
  - 14 and Under do not require ID

- 40% off most merchandise, select merchandise may be available to employees only.

STORE HOURS
MON-SAT 10a-8p
SUNDAY 10a-6p

ADDRESS
3485 SW KNOWLTON RD
BEAVERTON, OR 97005

CONTACT
503.671.1601

VALID DATES
3.1.19-3.31.19

NOTICE TO ALL STUDENT ATHLETES: National Collegiate Athletic Association rules strictly prohibit high school student-athletes from receiving special arrangements or “extra benefits” based upon athletic ability. Shopping at the Nike Employee Store is considered by the NCAA to be an “extra benefit”, which may lead to the ineligibility of a student-athlete.
YOU’RE IN!
COLUMBIA SPORTSWEAR EMPLOYEE STORE

EXCLUSIVELY FOR:
CENTENNIAL SCHOOL DISTRICT

ITEMS ARE MARKED WITH EMPLOYEE PRICING (40 – 50% OFF REGULAR RETAIL PRICING)
VALID FOR YOU + 4 GUESTS

<table>
<thead>
<tr>
<th>VALID DATES</th>
<th>WHAT TO BRING</th>
<th>STORE HOURS</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>MAR. 8 - 31, 2019</td>
<td>THIS INVITATION + PROOF OF EMPLOYMENT + PHOTO I.D.</td>
<td>MON - SUN: 10A - 8P</td>
<td>14100 NW SCIENCE PARK DR. PORTLAND, OR 97229</td>
</tr>
</tbody>
</table>

Questions? Please email: portlandemployeestore@columbia.com

Valid for you and up to 4 guests for multiple visits during your invite period. Columbia reserves the right to modify or cancel this offer at any time. Please present this original invitation to the receptionist for entry and again at checkout. This invitation is non-transferable. You must be present during shopping. The products purchased are intended solely for the buyer’s own personal use, including gifts to others. Resale of products is strictly prohibited. Offer may not be combined with any other offer or discount. Valid from dates listed above. ©2018 Columbia Brands USA, LLC.
Fall Protection and Safety

Fall protection and safety is a major concern at the workplace. In fact, OSHA cites injuries from falls as one of its top 10 worksite injuries.

Falls and falling objects can result from unstable working surfaces, ladders that are not safely positioned and misuse of fall protection. Workers are also subject to falls or the dangers of falling objects if sides and edges, floor holes and wall openings are not protected. Any time you are working at a height of six feet or more at the workplace, you must be protected.

Unprotected Sides, Wall Openings and Floor Holes
Unprotected sides and edges, wall openings or floor holes can be very common. If these sides and openings are not protected, injuries from falls or falling objects may result. Use at least one of the following whenever you are exposed to a fall or six feet or more above a lower level:

- Guardrail systems
- Safety net systems
- Fall arrest systems

Additional Safety Precautions
- Cover or guard floor holes promptly after creating them.
- Construct floor hole covers so they will effectively support two times the weight of workers, equipment and materials that may be imposed on the cover at any one time.

Any time you are working at a height of six feet or more at the workplace, you must be protected.

- Use fall prevention systems like guardrails, rather than protection systems like safety nets or fall arrest devices.

Ladders
You also increase your chances of falling if you are using portable ladders that are not safely positioned each time you use them. While you are on a ladder, it may move or slip from its supports. You may also lose your balance while getting on and off an unsteady ladder.

Take the following fall protection measures when using ladders:

- Position portable ladders so side rails extend at least three feet above the landing.
- Secure side rails at the top to a rigid support and use a grab device when a three-foot extension is not possible.
- Make sure that the weight on the ladder will not cause it to slip off its support.
- Inspect ladders for cracked, broken or defective parts prior to each use. If a ladder is broken, tag it as defective and remove it from service.
- Don’t apply more weight on a ladder than it is designed to support.
- Only use ladders that comply with OSHA standards.